



Cheyenne County

Family 4-H Handbook 23-24



Para recursos en español por favor visite

<https://www.kansas4-h.org/resources/spanish-information/index.html>

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<https://www.sunflower.k-state.edu/>
KSRE - Sunflower Extension District #6

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Are you thinking about joining Cheyenne County 4-H?

What is 4-H?

- 4-H is a volunteer led, educational program.
- 4-H is an informal educational program for all boys and girls 7—18 years of age as of December 31 of the new 4-H Year and enrolled in 4-H whether they live in town, the country, or on a farm.
- Youth ages 5—6 years old as of December 31 of the new 4-H Year and enrolled in 4-H may participate as Cloverbuds through local 4-H clubs. See the Cloverbuds section for additional information.
- 4-H is having fun and learning with friends.
- 4-H is older 4-H members sharing experiences and teaching younger members things they have learned.
- 4-H develops “life skills” through the use of research based project materials and experiential learning (hands-on experiences).



What Happens in 4-H?

In 4-H, youth “learn by doing.” Youth learn useful skills, how to get along with people, and how to help your community. Some activities you can participate in:

Club Meetings...	members attend monthly meetings to plan and carry out what they want to do as a group
Project Work...	members choose at least one project of interest per year
Demonstrations...	members learn to speak in front of others
Recreation...	members play games and make new friends
Community Service...	members help improve their community
County Contests...	members may choose to enter contests and compete
Exhibits...	members exhibit their best project work at the county fair
Camps...	members may participate in a day camp, overnight camp, or stay in the dorms on the K-State campus
State Events...	members strengthen their leadership and citizenship skills while making friends from across the state

Parents: Partners on the 4-H Team

Parents are important in their 4-Her's life. When you make 4-H a family affair, you will take an active role in your children's activities. 4-H encourages children and their parents and other adults to work side by side, play together, and watch each other develop skills and talents.

Areas of Parent Partnership, Engagement, and Responsibility

Enrollment

- Learn what 4-H is about, its purpose and objectives.
- Assist your children in selecting projects they like, have the ability to do, and one for which you can furnish needed materials. Ask questions! Is there a project leader or project support in the county? If not, are you or someone you know able to provide support for your child to complete the project?
- Show a genuine interest and enthusiasm in 4-H, your children, and other club members.
- Go online to enroll in projects for the year.

Enroll online at: <https://v2.4honline.com/>

Club Meetings and Activities

- Pay attention to communication from 4-H Club Leaders.
- Encourage your child's participation in 4-H Club activities.
- See that your child has a way to get to club meetings and that he/she attends regularly.
- Attend club meetings with your child.

Project Activities

- Give encouragement and guidance in your children's project work by showing enthusiasm and interest in their work with record keeping, project report forms, demonstrations, judging, etc. Help them understand what to do, but give them the responsibility for the actual work that is to be done.
- Show interest in your children's projects they select and other events in which they participate.
- Inspire and encourage them.
- Familiarize yourself with project materials so you can help when needed.
- Provide for ownership and growth. Make it possible for your children to own their projects and help them plan for expansion of their project work.
- Share your talents and skills and consider becoming a 4-H Project Leader or Volunteer.
- Ask your local Extension Office for project material.

Liaison

- Keep in touch with members from the 4-H Club Leadership Team.
- Inform and remind your children of communications they have received.
- Reply to correspondence from your Club Leaders and the Extension Office, or help your children respond.

Adult Leadership

- Be willing to provide transportation. Also, volunteer for tasks you can accomplish at the club and county level.
- **YOU could be a project leader!** It doesn't take an expert in photography to be a photography leader—the same with most projects. An adult willing to meet with members and help them explore the topic and being sincerely interested in working with members is most important. If you would consider being a project leader, talk with your club's leaders or contact the Extension Office.
- The process to become a leader requires a volunteer application & background check and can be submitted by using 4-H Online. See page 14 for more information.

Why Join 4-H?

Kansas 4-H focuses on the development of these 5 life skills:

- A Positive Self-concept
- An Inquiring Mind
- A Concern for the Community
- Healthy Interpersonal Relationships
- Sound Decision Making



Benefits of 4-H

Through the eyes of members:

- They learn, make, or do things that appeal and are meaningful to them.
- They make friends, belong to a group and give and receive acceptance.
- They have a good time, which makes learning appealing and enjoyable.

Through the eyes of adults—members become a contributing and caring adult to his/her community because of the knowledge and life skills they learned in 4-H. They:

- Develop an inquiring mind and a desire to learn.
- Make decisions and solve problems.
- Relate to and work with other people (youths and adults).
- Develop a concern for their community and the people in it.
- Build their self-confidence.



Emblem, Colors, Pledge, Motto:

The colors of 4-H are:

Green- life, springtime, youth

White- fresh, clean

The four H's stand for **head, heart, hands, and health**.

The 4-H pledge is:

I PLEDGE

My Head to clearer thinking,

My Heart to greater loyalty,

My Hands to larger service,

My Health to better living,

For my club, my community, my country, and my world.



The 4-H motto is: "To Make the Best Better!"

4-H members and volunteers learn the pledge and use it in their daily lives. The motto is to remind us to always strive for improvement, continually set goals and give every effort your best.

Mission of 4-H

To provide educational opportunities for youth and adults to work in partnership as they develop life skills to become healthy, self-directing, and contributing members of society.

How 4-H Began

4-H began in the early 1900's. Girls participated in canning clubs, and boys in corn and pig clubs. In 1914, Congress passed an act establishing cooperative Extension and 4-H across the country. Corn, poultry and garden clubs existed in Kansas as early as 1905.

4-H has changed since its early days. 4-H is no longer a program just for rural kids! We've evolved to meet the needs of today's youth, and develop learning experiences for boys and girls of all ages. There is something for everyone!

Choose From Over 35 Projects!

4-H Project Resources:

<http://www.kansas4-h.org/projects/>

<https://www.kansas4-h.org/projects/project-guides/ProjectSelectionGuideColor.pdf>

https://www.sunflower.k-state.edu/4-h/county_projects/index.html

Projects provide education experiences. Carrying out a project will help the member "learn by doing", learn why things happen the way they do, and develop skills. 4-H members should take at least one project each year and complete the records for that project.

It is recommended that young 4-H'ers and first year members limit projects to two. Members should join projects prior to participating in project meetings.

4-H Age, Enrollment Deadline, Cost

Enroll online at: <https://v2.4honline.com/>

Re-enroll in 4-H by December 1!

The 4-H year begins October 1 and ends September 30 of the following year.

- Members live in towns, in the country, and on farms. 4-H is open to youth regardless of race, color, national origin, sex, sexual orientation, or disability.
- Kansas 4-H Youth Development has a policy for open enrollment. Eligible youth may enroll in Kansas 4-H Youth Development programs at any time of the year.
- Youth wanting to join must be 7 years old and not older than 18 as of December 31 of the New 4-H Year in order to be eligible for 4-H. 4-H members who are selected as winners in late summer or fall, and who turn 19 before January 1, cannot compete in state or national contests, awards, or recognition programs.
- Youth ages 5—6 years old as of December 31 of the New 4-H Year are eligible to participate in the Cloverbuds project which is offered through the 4-H clubs. Cloverbud members are encouraged to attend Cloverbud county-wide project meetings where available. (See Cloverbuds Section for policies.)

**Are you a continuing Cheyenne County 4-H member?
Planning to show in the Cheyenne County Fair 4-H Division?
Re-enroll in 4-H by December 1 each year!**

**Your \$15 annual fee will be paid by 4-H Council if you are enrolled by December 1!
Drop/add project deadline is May 1 unless a project requires an earlier enrollment.**

Enrollment Deadlines for Cheyenne County 4-H Division Fair Participation

Choose your 4-H projects online prior to participating in project meetings/activities.

Livestock projects must be identified online before weigh-in.

- **All continuing Cheyenne County 4-H members** must re-enroll in 4-H by **December 1** of each year to participate in the Cheyenne County Fair 4-H Division.
 - As of December 1, Extension Office reminders will only be sent to currently enrolled 4-H families.
 - The last day to drop or add a project is May 1 unless a project requires an earlier enrollment.
- **New 4-H members** must enroll and pay the annual State 4-H Enrollment Fee by **May 1** of the current 4-H year to participate in the Cheyenne County Fair 4-H Division.
New members enrolling by December 1: 4-H Council will pay your \$15 annual 4-H fee.
Note: Some projects require an earlier enrollment than May 1st.

Cost to Join

Kansas 4-H members pay a \$15 annual State 4-H enrollment fee. If you are enrolled by December 1, the fee will be paid by Cheyenne County 4-H Council. If you are not able to afford the fee, contact the Cheyenne County Extension Office. Member enrollment scholarships may be available.

- 4-H members purchase materials needed for individuals projects.
- Local clubs may develop their own methods of raising money for worthwhile activities.



Check out the Cheyenne County 4-H Website for more information about 4-H.

<http://www.sunflower.k-state.edu/4-h/cheyenne.html>

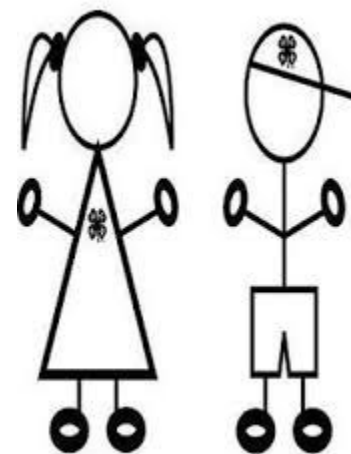
Kansas 4-H Cloverbuds Program Policies

Kansas 4-H Cloverbuds Guide: <https://www.bookstore.ksre.ksu.edu/pubs/4H1077.pdf>

Kansas 4-H Cloverbuds Policies: <https://www.kansas4-h.org/resources/policy-guide/Kansas%204-H%20Policy%20Handbook%20March21.pdf>

In Cheyenne County, Cloverbuds members should join a 4-H Club and enroll in the Cloverbuds Project.

1. 4-H Cloverbuds is activity-focused, rather than project-focused.
2. The 4-H Cloverbuds programming is cooperative, rather than competitive.
3. 4-H Cloverbuds exhibits can be showcased at fairs and public events, but a 4-H Cloverbuds member may not participate as a competitive exhibitor in traditional 4-H events. The 4-H Cloverbuds member may receive a 4-H Cloverbuds ribbon.
4. The 4-H Cloverbuds member is allowed to showcase a pet from the approved list in accordance with 4-H Cloverbuds pet policies. The 4-H Cloverbuds member may not have 4-H livestock exhibits that require long-term ongoing care or weigh-ins, nor can a member participate as a competitive 4-H exhibitor within livestock divisions.
5. The 4-H Cloverbuds members do not manage money.
6. The 4-H Cloverbuds member does not pay dues.



Cloverbuds Pet Policies

- A 4-H Cloverbuds member may showcase a pet from the approved pet list.
- Wildlife cannot be allowed (as per the Kansas Wildlife and Parks Policies and Statues)
- All pets must be caged, leashed, and/or contained as appropriate and manageable/under-control.
- A parent or guardian must be present with their child and pet at all times.
- Pets cannot be included in overnight exhibits at the fair but may be used as show-and-tell activity.

Approved Pets			
Amphibians (frogs, toads)	Ant Farms	Cats	Dogs
Fish	Gerbils	Guinea Pigs	Hamsters
Mice	Parakeets	Rabbits	Rats

Ready to Enroll in Cheyenne County 4-H?

Enroll in 4-H Annually—4-H Online

<https://v2.4honline.com/#/user/sign-in> - Set up your profile & select your county

(*Sunflower District Cheyenne County.*) Follow the remaining questions. With 4-H Online, families will be able to manage their 4-H enrollments, using a secure web-based online database system instead of paper forms. With the 4-H Online system, families can ensure their 4-H records are accurate. The local Extension office can focus on providing information and a quality 4-H experience for youth.



All you need is a computer, tablet or smartphone with Internet access and a valid e-mail address. The system works best with the Firefox or Chrome web browsers. If you do not have valid e-mail or are unable to complete the enrollment online, please contact the Extension Office. We have a computer available for you to use. For 4-H enrollment deadline dates & payment of the annual 4-H fee, see page 7.

Choose a Cheyenne County 4-H Club that is right for you!

Bird City Go-Getters 4-H Club -

Leaders: Heidi Ketzner
Karen Jensen

Pleasant Hill 4-H Club-

Leader: Erika Zimbelman

Lawn Ridge 4-H Club-

Leaders: Matt Wilson
Crystal Ludowese

Plum Creek 4-H Club-

Leader: Sharissa Andrist



Independent Membership Option

Kansas 4-H provides the option of independent membership. Any youth who wishes to be an Independent 4-H member in the Sunflower Extension District must complete an Individualized Study Agreement, which will be reviewed and approved by the Sunflower District Extension Board and Extension Agents. The study agreement shall be filed with the Extension Office in the county you are joining by the enrollment deadline date. A final report must be submitted by September 15 annually <https://www.kansas4-h.org/4-h-programs/independent-members/docs/Independent%20Member%20Study%20Agreement%20Form%20KSRE2020%20Form%20Fillable.pdf>

Choose a Project or Projects

The last date to drop or add a project is May 1. Some projects may have earlier deadlines.

4-H Project Resources:

<http://www.kansas4-h.org/projects/>

<https://www.kansas4-h.org/projects/project-guides/ProjectSelectionGuideColor.pdf>

https://www.sunflower.k-state.edu/4-h/county_projects/index.html

- Does the project meet the member's needs and interests?
- Is the project suitable with the age and ability of the member? Will it challenge the member?
- How much time does the member have and how much time does the project require?
- What season of the year does the project involve the most activity?
- Is the project acceptable to you as parents and does it fit into the family needs and situation?
- How much will the project cost? Is it affordable?
- Is adequate space and equipment available?
- **Ask your club leader or contact the Extension Office to see if there are leaders to help with the project. If no leader is available, are you willing to help the member with the project? Or, do you know someone in the community who can help your child? If there isn't someone to help with the project, we recommend choosing a different one.**



County-wide Project Groups/Meetings

Some 4-H projects have county-wide leaders and project meetings. Examples include:

Archery

Shotgun

Photography

Visual Arts

Woodworking



2023/2024 KANSAS 4-H PROJECTS



Beef
 Dairy Cattle
 Dairy Goats
 Dog
 Horse
 Meat Goats
 Pets
 Poultry
 Rabbits
 Sheep
 Swine
 Veterinary Science

Communications
 Performing Arts
 Photography
 Visual Arts

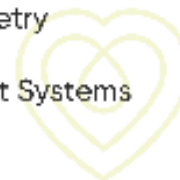
Sewing & Textile Design
 Shopping in Style
 Family Studies
 Fiber Arts
 Foods & Nutrition
 Health & Wellness
 Interior Design & Architecture

Environmental Science
 Geology
 Shooting Sports
 Wildlife

Civic Engagement
 Leadership
 Reading Adventures
 Self-Determined

Entomology
 Agronomy
 Forestry
 Horticulture & Landscape Design

Ag Mechanics Welding
 Building Block Engineering
 Astronomy
 Computer Science
 Electric & Renewable Energy
 Robotics
 Aerospace/Rocketry
 Small Engines
 Uncrewed Aircraft Systems
 Woodworking



PREVIOUS PROJECT LISTING

Beef
 Dairy, Cattle
 Dairy, Goats
 Dog Care & Training
 Horse
 Meat Goats
 Pets (Including Cats)
 Poultry
 Rabbits
 Sheep
 Swine
 Veterinary Science

Communications
 Performing Arts
 Photography
 Visual Arts

Clothing & Textiles- Construction
 Clothing & Textiles- Buymanship
 Family Studies
 Fiber Arts
 Foods & Nutrition
 Health & Wellness
 Home Environment

Environment Science
 Geology
 Shooting Sports
 Wildlife

Citizenship (Civic Engagement)
 Leadership
 Reading
 Self-Determined

Entomology
 Plant Science
 Plant Science- Field Crops
 Plant Science- Forestry
 Plant Science- Horticulture

STEM - Ag Mechanics
 STEM - Architectural Block Construction
 STEM - Astronomy
 STEM - Computer Science
 STEM - Energy Management
 STEM - Robotics
 STEM- Aerospace/Rocketry
 STEM - Small Engines
 STEM - UAS
 Woodworking



Cheyenne County 4-H Leadership Groups

Cheyenne County 4-H Council

4-H clubs elect two 4-H member (twelve years and older) representatives plus the club leaders to this group. The purpose of the Council is to aid in the development of all 4-H Youth programs (approved by the District Extension Board) by giving leadership to the planning and conducting of educational events, volunteer leader training and teen leadership development.

- The 4-H Council meets monthly on the last Monday of the month.



Community 4-H Club Meetings

4-H members are given the opportunity to learn and practice decision-making in group situations.

- Most clubs hold monthly meetings, normally the same time each month.
- Clubs organize opportunities for recreation, service projects and work on improving communication skills through talks and demonstrations.
- Members are expected to attend club meetings and parents are encouraged to attend...4-H is a family affair!

A meeting includes business, an educational program and recreation. The club officers and 4-H members are responsible for conducting the meeting. Adult leaders serve as advisors.

- **Opening** - Call to order, Pledge of Allegiance, and 4-H Pledge.
- **Business** - Roll call, secretary's report, treasurer's report, committee reports, old business, and new business. It presents the opportunity for group consensus and parliamentary procedures to be learned and practiced.
- **Education** - program, demonstrations, talks, and guest speakers.
 - Demonstrations**— "Show and Tell" type presentations where 4-Hers share some of the things they have learned in their project. Most consist of three parts: Introduction, Body, Summary.
 - Illustrated Talks**—differ from demonstrations in that they tell how rather than show how. Charts, models and other visuals are important for illustrated talks.
 - Project Talks**—Project talks are given about the member's project. Their project talk can relate things experienced in the project, or give information relating to the project.
- **Fun** - recreation, songs, skits, refreshments, and entertainment.

<http://www.sunflower.k-state.edu/4-h/cheyenne.html>

Club Officers

4-H Club officers are elected by members. Each officer has a specific job.

President	Presides over the business meeting. Keeps members involved and discussions organized.
Vice President	Leads in the president's absence, introduces guests, and is the program chair.
Secretary	Writes meeting notes, keeps attendance records, maintains and brings the secretary's book to all meetings, and keeps track of all communications.
Treasurer	Takes care of the club money, pays bills, keeps an accurate account of the club's finances, and reports at each club meeting.
Reporter	Sends news stories to local newspapers/radio stations and plans publicity for events.
Recreation	The recreation leader leads games and other fun activities
Song Leader	The song leader guides the group in singing
Committee Chairs	Clubs may have several committees. Depending on the club size and focus, committees may include membership, recreation, community service, fundraising, and social events.

<https://www.kansas4-h.org/resources/leader-resources/clubcorner/officer-resources/>

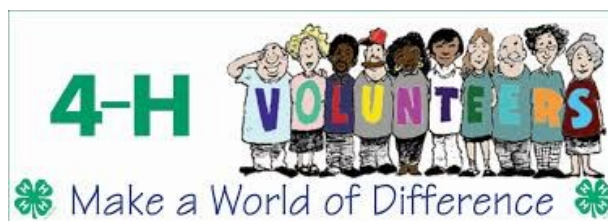
4-H Leader Roles

Community Club Leader: Volunteers responsible for the general organization of the club

Project Leader: A volunteer who leads a project. They are parents, a Jr. Leader, or a community member.

Jr. Project Leader: 4-H teens who work with an adult leader to give leadership to activities, events, and/or projects. A 4-H member who is at least 12 years of age by January 1 of the current 4-H Year and enrolled as a Jr. Project Leader (county-wide) in the specific project. They take an active role in helping the younger members in the 4-H Program.

Parent Committee: The committee is made up of three to five adults. Duties will vary from club to club, but their basic responsibilities are: recruit and orient project leaders and/or community club leaders, make arrangements for training leaders at the club level, connect with new families, and assist the club leader at his/her request.



Share Your Skills—Become a 4-H Volunteer

Today's youth need caring adult volunteers to assist them to develop leadership citizenship and life skills. Pledge to share with 4-H'ers in your community. Volunteers help members with 4-H projects and activities. You could launch a career. The return on your investment is something that money can't buy. Invest in the future today!

<https://www.kansas4-h.org/resources/policy-guide/Kansas%204-H%20Volunteer%20Code%20of%20Conduct.pdf>

All individuals who work in close, ongoing interaction with youth, *or* volunteers (youth or adult) with authority to independently plan and conduct 4-H educational experiences for youth with other adults present or in a public setting must go through the Volunteer Screening process.

We encourage parents to become a registered volunteer.

New Adult Kansas 4-H Volunteer Applicant Steps

1. If your family uses the Kansas 4HOnline system at <https://v2.4honline.com/>, you already have a family account. Login to your family and add yourself as a new family member if you don't have an adult profile. If your family has never used 4HOnline, you will need to create a new family account before creating an adult profile for yourself.
2. Complete the Kansas 4-H Volunteer Orientation via Kansas 4HOnline at home or your local extension office.
3. After completing the Kansas 4-H Volunteer Orientation, notify your local Extension Office about completing the Kansas 4-H Volunteer Orientation and schedule an interview appointment with 4-H Staff.
Cheyenne County Extension Office: 785.332.3171
4. Upon completing the Interview, the Extension Office will provide information for the required background checks. Initial screening of volunteers will occur when you sign up to volunteer. Re-screening for volunteers will be done every three years from when the original screening was completed.
5. The Local extension office will compile information and submit the applicant's packet for approval.
6. The Extension office will send a letter concerning volunteer status and appointment for 4-H work and update status within the Kansas 4-H Online system.

4-H Project Meetings

There are more than 35 different project options, and several levels, allowing a member to advance their skills. If your club, county, or district does not have a project leader, parents may need to find resources to help their child complete their project work.

4-H competitive events and fairs provide opportunities to have their project work judged against a set of standards. Exhibit evaluations are meant to be a positive and motivating part of the total 4-H experience. The exhibit is not an end in itself, nor does it illustrate all the learning that has taken place during the 4-H year.

Project work is completed in a number of ways.

- Project meetings (in the local club, workshop courses, county-wide, etc.)
- Regular club meetings (demonstrations, project talks, etc.)
- Guest speakers, field trips, activities, etc.
- Tours
- Field trips
- Family activity at home
- Exhibiting projects at shows, fairs, etc.
- Record keeping

The greatest and most lasting reward a 4-H member can receive:

Satisfaction from a job well done
Pride in his or her accomplishments
Recognition from leaders, parents, and other 4-H members
Knowledge and skill gained through the project

K State Bookstore 4-H Youth Development Project Materials:

<https://bookstore.ksre.k-state.edu/Category.aspx?id=1>

Description of projects and project resource lists:

<http://www.kansas4-h.org/projects/>

Project Selection Guide:

<https://www.kansas4-h.org/projects/project-guides/ProjectSelectionGuideColor.pdf>



Record Keeping in 4-H—Kansas Project Report Forms

Kansas Project Report Forms:

Fillable: <https://www.kansas4-h.org/resources/awards-and-recognition/ProjectRecognition.html>

Online: <https://4h.zsuite.org/>

Guide to Kansas 4-H Project Recognition: <https://www.kansas4-h.org/resources/awards-and-recognition/docs/projectrecordsandawards/Master%20Guide%20to%20the%20Kansas%204-H%20Project%20Recognition.pdf>

Question: Why is record keeping an important part of 4-H?

Answer: Good record keeping reflects accomplishments and serves as the basis for awards, trips, and other forms of recognition. Few people enjoy record keeping, however, keeping good records is a valuable life skill. Every person, no matter their vocation, keeps track of financial and business matters. Keeping records helps you keep track of what you are learning and helps you measure your progress. Your records are useful in the future when you are applying for scholarships and completing job applications.

Members are encouraged to complete a Kansas Project Report Form for each enrolled project annually. However, you may choose to complete a KPRF for one or more projects in which you are enrolled.

The **KPRF** covers only the work of the current year. The **KPRF** asks for information about goal setting, knowledge and skills learned, work accomplished including expenses and receipts, leadership, photos, and other project information. **A permanent record form is required each 4-H year.** Members may receive county and state recognition awards based on completed project report forms and are invited to the Cheyenne County 4-H Achievement Program held in the fall. One senior level record book in each project area is eligible to compete at the Regional level.

SECTION 1: Project Goals- Maximum 5 points • Goals should reflect – Action=How; Result=What; Timetable=When • Project learning/personal development goals include details, are age appropriate, challenging yet realistic • Reflect growth in project mastery through leadership/citizenship, communications and/or contest goals.

SECTION 2: Project Communications/Presentations- Maximum 10 points Shared learning with others, i.e. demonstrations, talks, articles written, web pages, slide shows, digital media, social media, etc.

SECTION 3: Project Learning Experiences- Maximum 20 points • Size/Growth/Development of Project • Knowledge and Skills Gained • Project Learning Experiences • Project Meetings, Clinics, Schools, Tours attended • Contests – Judging, Quiz Bowls, Skill-ATHons

SECTION 4: Project Exhibits & Showcase Opportunities- Maximum 5 points • Fairs, Shows, Exhibits, Displays, Public showcases

SECTION 5: Project Leadership- Maximum 15 points • Leadership Exhibited – elected, appointed or requested • Leadership Exhibited – independent, self-initiated Leadership is teaching another person or a group, skills or information, also includes organizing or coordinating an activity, event, or meeting; selecting and preparing materials, and selecting presenters.

SECTION 6: Project Citizenship- Maximum 15 points • Community Service/Citizenship Related to Project Citizenship means helping out in your community and serving others without compensation.

SECTION 7: Project Finances- Maximum 10 points • Accuracy, completeness • Profit or loss is not evaluated, i.e. large profit does not equal high score

SECTION 8: Project Reflection- Maximum 15 points • Reflects/identifies knowledge gained in project area • Reflects/describes leadership/citizenship skills developed/used in project area • Reflects/describes impact of 4-H within family/personal life/community • Reflects/describes impact of 4-H on future plans • Ability to communicate ideas effectively (organization & word usage) • Reflects application of project knowledge and skills to non-4-H settings • Presentation - neatness, spelling, punctuation, grammar

SECTION 9: Project Photos- Maximum 5 points • Project photos reflect action & growth • Leadership photos reflect organizing/ coordinating activities, and/or teaching others • Citizenship photos reflect helping in your community and serving others without compensation

Cheyenne County 4-H Project Report Awards/Recognition

Cheyenne County Kansas Project Report Form Judging

In October, 4-H members should complete and turn in to their club leader, a Project Report Form for their age group for one or more projects in which they are enrolled.

County Project Award Pins—Members completing their KPRF are eligible to compete for a county project award pin.

Top KPRF (Sponsored by Farm Credit Association)—This award is given to the 4-H members who have the neatest appearing, complete, and best overall achievement based on their KPRF applications. The top Cheyenne County Kansas Project Report Form(s) receive this recognition.

Senior KPRF Recognition (National Congress)—One Senior KPRF is awarded the top 4-H members record book in their respective project. Winners in various projects are eligible to compete at the area and state levels.

4-H member age of 14 – 18 as of December 31 of the New 4-H Year (4-H age) will go on to compete at Area Screening. The Extension Office will contact county winners following County KPRF Screening. 4-H members who are eligible to compete in Area Screening may make corrections or changes recommended by the judges prior to the due date in early January. If you are 13 4-H age, pay close attention to your birthdate. You may need to complete a SR KPRF (Example: 13 now as of October 13, 2023, and you have a birthday on or before December 31, you must fill out a SR KPRF.)

Area Award Screening

The top Senior Kansas Project Report Form in most projects are sent to the area level, where they are judged in January against the top KPRF from the other counties in NW Kansas. No prizes or special awards are presented. (See above information for a member transitioning from age 13 - 14.)

State Award Screening

The top two KPRF in each project from the Area Screening are sent to the State Screening. Each finalist will receive a list of questions to create an optional five minute video presentation. Eligible winners have an opportunity to attend National 4-H Congress in Atlanta, Georgia. State level winners will be recognized at the Emerald Circle Banquet in Manhattan.

Former Award Winners

Members who have been a delegate to National 4-H Conference, or who have been to National 4-H Congress may only be considered for a state award program in which he/she has not been a state winner previously and which does not include a trip to the National 4-H Congress.



Achievement Pins and Key Awards

Member Achievement Pins

<https://www.kansas4-h.org/resources/awards-and-recognition/>

Achievement awards are based on completion of minimum standards and are non competitive.

Awards build upon one another and 4-H members can only receive one achievement award a year and only one of each award while in 4-H, with the exception of the first year members who may apply for membership and Bronze Award in the same year. The awards are a way of recognizing 4-H members involved in the total 4-H experience which includes club participation, community service, project participation, leadership, and more. These achievement forms may be obtained on the 4-H website or at the Extension Office. These forms need to be submitted with your KPRF on the date specified by your club leader.

These are awarded to 4-H'ers who meet the requirements on the member pin application form and turn in a completed KPRF. Nine pins are awarded in a series: Membership, Bronze, Clover, Emerald, Silver, Silver Guard, Leadership, Gold and Gold Guard.

Key Award

<https://www.bookstore.ksre.k-state.edu/pubs/MG13.pdf>

The 4-H Key Award recognizes 4-H members who have an “all around” good 4-H record of accomplishments. To apply, 4-H'ers must have passed their 16th birthday by December 31, completed 4 or more years and meet nine other requirements. Members complete a Project Report Form along with the Key Award form to apply for this recognition.

- Members will be more successful if they plan to complete activities several years before they plan to apply for the Key Award.
- Members may use their past three years of 4-H work to complete the Key Award application.



Cheyenne County Special Recognition Awards

4-H Family of the Year Award: This award is to recognize a family for their involvement and accomplishments in the County 4-H Program. At least one member of the family must still be involved as a member or leader in the 4-H Program.

Friends' of 4-H Award: This award is to recognize “friends of the 4-H” program. This award can be given to an individual, group/organization or business that has supported and strengthened the 4-H Program in Cheyenne County.

Dale Shoemaker Award: The Dale Shoemaker Memorial Leadership Award is to be awarded to an outstanding 4-H Jr. Leader. This award is to be given yearly and cannot be won more than one time. The recipient is to be a Jr. Leader willing to help anyone in 4-H, and not only his or her own club. This award is to be given to a 4-H'er who enjoys and has fun working with people. The award is not based on the 4-H record book and each club is to make a nomination to be placed on the voting ballot. This award is sponsored by the Lawn Ridge 4-H Club.

Kevin Wright Award: The Bird City Go-Getters 4-H Club has established an award in memory of Kevin Wright. This award is based on the same basis as the Dale Shoemaker Award, with one exception; the 4-H'er is a Junior 4-H'er, which is 6th grade or younger.

Herdsmanship Award: County Fair exhibitors are judged on four species of animals, in areas of alley cleanliness, stall condition, exhibit arrangement, appearance of animals, and stall cards.

Robert Pianalto Memorial Award: County Fair Livestock Superintendents judge 4-H'ers exhibiting livestock in areas of Herdsmanship, Citizenship, Leadership and Work Performance.

Tillie Schlepp Memorial Gardening Award: Tillie Schlepp was a 4-H'er and friend. She enjoyed and promoted the gardening project. In Tillie's memory, her family awards the top 4-H gardener.

4-H Style Revue Champion Awards: Presented in memory of Paul Sr. and Vera Gorthy along with, Jack and Ann Gorthy Maring, and also their children Jeanne and Jo Anne. This award is presented to the Senior Style Revue Champion.

Club Achievement Goals—Clubs set goals annually

Guidelines for Club Seals http://www.sunflower.k-state.edu/4-h/pdf/ch_club_seal_requirements.pdf

To qualify for a white, red, blue or purple seal, a club shall meet the basic guidelines and a specified number of the optional guidelines.

Older 4-H Member Opportunities

National 4-H Congress— National 4-H Congress is attended by nearly 1,500 4-H members from all states and territories. Kansas delegates include: state Project Report Form area winners, a random drawing of Kansas 4-H Key Award recipients, and Centennial Delegates.

National 4-H Conference (April)—4-H delegates from each state meet in Washington, D. C. to share ideas and plan for future 4-H programs. Kansas sends two to four delegates.

Citizenship Washington Focus—This trip is typically held in the middle part of June. The applications are generally available in early December from the Extension Office and are due into our office by January 1st. You must be enrolled in the Citizenship project two years (one being the year in which you take the trip) and have turned in a Kansas Project Report on Citizenship the year prior to going. ***Applicants must be 15 years of age to apply.***

International 4-H—These programs provide youth aged 12-25 and adults opportunities to learn another culture by living it. Programs include a four week visit to Japan, a six to eight week experience traveling to another country to see programs similar to 4-H. Funds for the youth programs are provided by the participants, Kansas 4-H Foundation, National 4-H Council, county 4-H councils, and other friends of IFYE.

4-H Scholarships

Kansas 4-H Scholarship Opportunities—<https://www.kansas4-h.org/resources/awards-and-recognition/scholarships.html>

Scholarships are available to outstanding 4-H members. Applications are available online and at the Extension Office and will be due to the County Extension Office in January. Check with your county for the specific due date.

Cheyenne County 4-H Council High School Senior Scholarship Requirements

- * Must be a High School Senior enrolled in 4-H in Cheyenne County, Kansas. This is a non-renewable scholarship.
- * Must be enrolled in a community college, university or vocational technical school within eight months of high school graduation.
- * Must have completed and turned in a 4-H record book 90% of their 4-H years, but must have turned in a record book their senior year.
- * Must have been in 4-H approximately 7-10 years and been actively involved.
- * Must have demonstrated leadership and/or achievement skills throughout their 4-H experiences.
- * Scholarship money will be awarded when appropriate enrollment has been proven.
- * Must submit an application to the Cheyenne County Extension by March 30th of current year.
- * One adult from each 4-H club will screen applications plus one Extension Agent will serve on the committee. The selection committee results are final and will be announced at the appropriate graduations.
 - Four \$250 scholarships will be awarded to qualified applicants.

Cheyenne County 4-H Council Event Scholarship Available at the Extension Office. Requests can be made for assistance to attend 4-H events. Due one month before event.

Camps

Many 4-H members attend camps. They take part in educational and recreational experiences as they learn about nature and living with other people. Most importantly, 4-H'ers have fun at camp!

Rock Springs 4-H Camp

Multiple sessions are available for campers in 3rd through teens entering 12th grade. Camp sessions are three or six days in length and are held at the Rock Springs 4-H Camp Center, south of Junction City, KS. Teens about to enter 11th grade can attend Leaders in Training sessions, teens about to enter 12th grade can attend Counselors in Training, and family sessions are available. Activities include: hiking, fishing, campfires, flag ceremonies, swimming, crafts, recreation, and more! Camp is open to all community youth. Please visit <https://www.rockspringsranch4hcamp.org/> to sign up for camp sessions and view pricing options.

General Camps

There are many other camping opportunities available to members. Photography camps, horse camps, space camps, outdoor adventures, and day camps, just to name a few. Watch the newsletter, website, and Facebook page for information.



Kansas State 4-H Opportunities

Citizenship in Action (CIA)

<http://www.kansas4-h.org/events-activities/conferences-events/citizenship-in-action/index.html>

Held in Topeka in February for youth 13—18 as of December 31 of the New 4-H Year. Would you like to have more influence in laws and rules that affect your life? Then you'll want to go to Kansas 4-H Citizenship in Action! This two day event is sponsored by the State 4-H Youth Leadership Council. The purpose of the event is for Kansas youth to learn how the state legislative process works and how their voice and participation in decision-making can make a difference in their local communities. The legislative visit will not only familiarize youth with the capitol building, but will also show them how they can affect the legislative process.

Discovery Days

<http://www.kansas4-h.org/events-activities/conferences-events/discovery-days/index.html>

This event is held at KSU the week after Memorial Day. Members, leaders, and parents may attend. The focus of this event is to help 4-H members "discover" more about project areas, to strengthen what they are learning in the club, and to share with others. 4-H members must be at least 13 years old as of December 31 of the current 4-H year to attend.

Campference

<https://www.kansas4-h.org/4-h-programs/camp/campference/>

This event is focused on youth ages 12—14 as of December 31 of the New 4-H Year, and is held in June at Rock Spring 4-H Center. Participants experience the feel of a conference, while enjoying the "camp" activities Rock Spring 4-H Center has to offer. Campference features workshops about opportunities in the 4-H program and activities to energize youth that will help them learn leadership skills.

Kansas State 4-H Opportunities (Continued)

Emerald Circle Banquet

This banquet is held annually during Discovery Days in Manhattan the first week in June. State Kansas Project Report Form winners and State Scholarship winners receive their recognition at the Emerald Circle Banquet. This is one of the most prestigious banquets and awards recognitions that a Kansas 4-H member can receive and attend.

Kansas State Fair (September)—For the most up to date rules and entry information see:

<http://www.kansas4-h.org/events-activities/fairs/kansas-state-fair/index.html>

<http://www.kansasstatefair.com/default.aspx>

4-H members who receive top purple ribbons at the county fair may exhibit in the 4-H division at the State Fair in Hutchinson, providing they meet the age requirements. Some departments limit the number of exhibits allowed for each county. The minimum age for exhibitors is 9 (by January 1) in most departments. In addition, 4-H members may represent our county in style revue, demonstrations, informal presentations, art, judging teams, and Photo Fun Day.

If showing livestock, members must complete the livestock nomination process of your specific species.

Beef nominations - (market steers & market heifers) May 1.

Small animal and commercial heifer nominations - (commercial heifers, market lambs, commercial ewes (wether dams), market hogs, commercial breeding gilts, and all meat goats) June 15th.

Show entry Deadline: July 15th

The Extension Office will take exhibits to and from the State Fair, with the exception of large articles, such as large woodworking items and livestock exhibits. Parents will be asked to help get their children to and from the State Fair.

Kansas Junior Livestock Show (early October)

<http://www.kjls.org/>

This event allows the 4-H members in livestock an excellent opportunity to participate and see what is happening in the livestock industry. 4-H members can enter beef, sheep, goat, and swine in this show which is held at the Kansas State Fairgrounds in Hutchinson, KS. Members must complete livestock nomination process by June 15th.

Members must complete the livestock nomination process of your specific species.

Beef nominations - (market steers & market heifers) May 1.

Small animal nominations - (commercial heifers, market lambs, commercial ewes (wether dams), market hogs, commercial breeding gilts, and all meat goats) June 15th.

Show entry Deadline: August 15th

Kansas Youth Leadership Forum (KYLF)

Held at Rock Springs Ranch in November. Build your leadership skills and potential through workshops, consulting groups, inspirational speakers and more. In addition, the State 4-H Youth Leadership Council will be elected at KYLF.

<http://www.kansas4-h.org/events-activities/conferences-events/kansas-youth-leadership-forum/index.html>

County/Sunflower District Events

Leadership/Officer Training

All club members are encouraged to attend the leadership training event. Sessions are held to introduce club leadership topics to current officers, future officers and club members. This is usually held in November after club officer elections. This activity will be a county or multi-county event, depending on which activity will best meet the needs and what schedules will allow.

Achievement Program

A time of celebration for 4-H members, leaders, parents, and clubs. Awards are given based on results of the county award application & Project Report Form screening. This event is held in the fall.

County 4-H Club Day

At County Club Days 4-H'ers present project talks, illustrated talks, demonstrations, skits, talent, dance, Creative Tables, Life Skill Judging and more. Top entries are recognized and eligible to compete in Regional 4-H Days. This event is usually held in March.

Model Meeting—http://www.sunflower.k-state.edu/4-h/pdf/club_day_resources/modelmeeting_resources/Model%20Meeting%20Guidelines.pdf

Clubs plan a model meeting that depicts a typical monthly meeting of their 4-H club. It is evaluated by a judge.

Regional 4-H Club Day

At Regional Club Days, top entries from each county are recognized and then are eligible to compete in the competition. This event is usually held in late March or early April. Talent (dance, illustrated talks, etc.) can be entered in the State Fair.

Life Skills Judging Contest

Several contests are held during the year. The contest involves solving a stated problem and determining the best solution to the problem. Topics covered are horticulture, financials, foods, clothing, home environment and life skills. Typically the contests have been held at county club days, Regional club days, fair, state fair, and other times throughout the year.

Livestock Judging Contest

There are several livestock judging contests held locally and in the surrounding counties in which 4-H'ers have the opportunity to participate.

4-H members evaluate various classes of animals and give oral reasons as why they placed them the way they did. Every 4-H member in the livestock project should learn how to judge livestock, as it will aid them in selecting their project animals and will also help them strengthen their project.

4-H Shooting Sports Competitions

Shooting competitions are preliminaries to the State competition. 4-H'ers must shoot a qualifying score at a qualifying event in order to compete at the State competition.

4-H shooting events held throughout Kansas can be found at the following website:

<https://www.kansas4-h.org/events-activities/conferences-events/shooting-sports/local-qualifiers.html>

Animal Science Project Information

Youth for the Quality Care of Animals (YQCA)

Required for State Fair and KJLS, Recommended for all Animal Science Project Members

YQCA is required for all youth livestock exhibitors at the Kansas State Fair and KJLS regardless of species. This certification is available to complete online. Even if you are not planning to attend the KS State Fair or KJLS, livestock members are encouraged to participate in a YQCA training to learn more about this program.

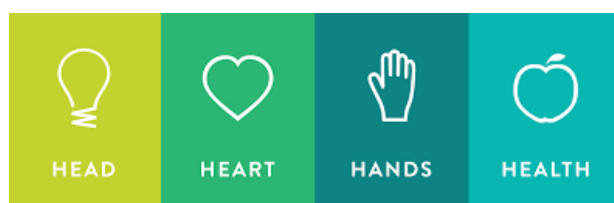
Rookie Guide—Kansas Youth Livestock State Nomination Process

The information included in this “Rookie Packet” is targeted to new families/households who will be nominating livestock projects for the first time. However, it may be useful to any family who has questions about the nomination process.

<https://www.asi.k-state.edu/research-and-extension/youth-programs/nominated-livestock/2018%20Rookie%20Guide.pdf>

Kansas 4-H EID Tags required for Kansas State Fair and Kansas Junior Livestock Show (KJLS)

All animals nominated for the Kansas Junior Livestock Show and Kansas State Fair will be required to be tagged with the Kansas 4-H EID tags. DNA hair samples in official DNA envelopes are also required and will be ordered online through ShoWorks.



Need information about 4-H animal science deadline dates and learning opportunities?

Bookmark this page!

<https://www.asi.k-state.edu/research-and-extension/youth-programs/>

- Nomination Information for Kansas State Fair Grand Drive and Kansas Junior Livestock Show (KJLS)
- State Shows
- K-State Judging Camps
- Camps, Clinics and Local Events
- Spring Shows
- National Events
- Kansas 4-H EID Tags
- DNA Collection Instructions
- 4-H Livestock Sweepstakes
- Junior Producer Days
- K-State Animal Science Leadership Academy
- Educational Materials
- Meat Judging Resources

4-H Deadlines

- ◆ Being aware of deadlines and following the rules are part of the 4-H learning experience.
- ◆ Members not complying with established published dates and deadlines for exhibition may be denied participation privileges and as well as premiums or awards.
- ◆ Read your Extension Newsletter carefully, check the 4-H websites and 4-H Facebook pages frequently.

Sunflower District Webpage (includes link to the newsletter): <http://www.sunflower.k-state.edu/>

Cheyenne County 4-H Webpage: <http://www.sunflower.k-state.edu/4-h/cheyenne.html>

Sunflower Extension District Cheyenne County 4-H: <https://www.facebook.com/sunflowerextensiondistrictcheyennecounty4h/>

Cheyenne County Extension Office 785.332.3171

Why 4-H Members Should Say “Thank You”

4-H’ers who receive recognition should look upon it as both a badge of honor for work well done and a symbol representing the 4-H program. Say “thank you” to your friends of 4-H, i.e. trophy donors, livestock buyers, project and club leaders, parents, judges, etc. A personal letter is the most satisfying and lasting way to say “thank you”.

A well written thank you letter is often read by several executives. Many donors keep letters of appreciation. Write it as soon as possible! Remember, it’s not WHAT you say, but HOW you say it that counts. Your letter need not be long, but it should be sincere. Never underestimate the power of a thank you letter! Remember how it feels when someone says “thanks” to you or remember how you feel when someone doesn’t.

As the 4-H Year Begins Remember:

- ◆ 4-H youth are more important than the project exhibit itself.
- ◆ Learning how to do a project is more important than the project itself.
- ◆ To “learn by doing” through a useful work project is fundamental in any sound educational program, and is characteristic of the 4-H program.
- ◆ Generally speaking, there is more than one way of doing things well.
- ◆ Our job is to teach 4-H members how to think, not what to think.
- ◆ Winning isn’t always measured by the results of the ribbon or judging event, but by the character of the 4-H’er, parent, and leader.

Who's Who in 4-H?

Kansas State University

This land grant college has the responsibility for taking education to the people of the state. The 4-H program is part of that mission.

K-State 4-H Youth Development Office—www.Kansas4-H.org

201 Umberger Hall, Kansas State University, Manhattan, KS 66506

Phone: 785-532-5800

State 4-H Specialists

Located in Manhattan, specialists are responsible for specific parts of the 4-H program.

Kansas 4-H Foundation—<https://www.kansas4hfoundation.org/>

The Kansas 4-H Foundation works with businesses, organizations, individuals, and families who share a common desire to support a statewide effort of growing our future leaders.

Sunflower District Extension Board—<http://www.sunflower.k-state.edu/about/board.html>

The extension board is the policy-making authority for 4-H Youth Development programming within its jurisdiction.

4-H Program Development Committee (PDC)

This group of six extension council members are appointed by the district executive board. They are responsible for the program direction of the county 4-H program. They implement and help carry out new programs and suggest improvement for 4-H and other youth programs conducted by K-State Research and Extension.

County Extension Agents—<http://www.sunflower.k-state.edu/about/>

They are professionals who help carry out the 4-H PDC's objectives. Sunflower District has an office in Sharon Springs, St. Francis, and Goodland. The District has three agents who specialize in a specific area – agriculture, family and consumer science, and 4-H Youth Development. We also have an area agronomy specialist serving the District and is located in Colby.

Area Extension Office—<https://www.northwest.k-state.edu/>

Located in Colby, it houses an Area Director and several subject matter specialists.

Area 4-H Specialists-

Located in Colby, an Area 4-H Specialist assists County Extension Agents in developing and carrying out 4-H and Youth Development programs.

Rock Springs 4-H Center (Kansas State 4-H Camp)— <https://www.rockspringsranch4hcamp.org/>

Located near Junction City, Kansas. Cheyenne County 4-H'ers in 3rd through teens entering 12th grade are able to attend any camp that fits their schedule in June or July!

Cheyenne County Fair—<http://www.cheyenneksfair.com/>



Judging at County Fair

JUDGING SYSTEMS USED AT THE COUNTY FAIR

Remember that when you exhibit at the county fair, you are asking for the judge's opinion. The judge's opinion is just that: an opinion, and it can vary from judge to judge and day to day. It is an opportunity to explain what you have learned, and it is an opportunity to learn from an expert.

Each project is a success, no matter what color the ribbon may be!

CONFERENCE SYSTEM OF JUDGING

This form of judging allows for more flexibility on the part of the judge and the exhibitor. Exhibitors bring their projects to the judge at their convenience within the time allotted and talk to the judge about their project. The entire class does not need to be present at the same time. The judge then, based on all discussion, may award the ribbon and premium which he/she believes is appropriate without regard to percentages.

Sunflower District Fair Judging Policy

Only members will be seated with judge during consultative judging. Parents may stand in proximity to hear comments, but may not contribute to the conversation. (Necessary accommodations may be arranged in advance.)

Examples of questions that might be asked:

- What kinds of things did you do in your project this year?
- How did you make it...grow it...build it...paint it...?
- Where did you learn how to...?
- What was the hardest part for you to do?
- What did you like doing best?
- What are you going to do with your rocket...drawing...cookies...?

DANISH SYSTEM OF JUDGING

A 4-H exhibit or process is evaluated against a set of standards. Recognition is awarded on the degree to which the standard has been met by each 4-H member. The standards of excellence are often printed on a judge's scorecard, and allows for the 4-H exhibit to be judged on one's own merit, and not in comparison with others in the class. The following ribbons apply:

WHITE: For one reason or another, the exhibit did not meet all the minimum standards, but it does not mean the exhibit is not worthwhile. This is a learning experience that the 4-H'er can ask, "what have I learned and how can I make it better?"

RED: The project met all the minimum standards for its class. The exhibit shows an honest effort has been put forth, although there are visible signs of needed improvement, the skill level of the 4-H'er is increasing.

BLUE: The exhibit is outstanding on all the standards set up for the project. There are usually no flaws and if there are one or two very small ones, only the trained eye of the judge can see them.

PURPLE: The exhibit is outstanding on all the standards set up for the project. No room for improvement, only the trained eye of the judge can see them.

People remember the member, not the ribbon color!

Cheyenne County Fair

For the most up to date rules and entry information see: <http://www.chevenneksfair.com/>

County Fair is the highlight of many 4-H'ers year. It gives members an opportunity for an evaluation of his/her project. The County Fair is typically held in August. Fair books will be available sometime the last part of June and are posted on the fair website. The books contain the class breakdown, special guidelines, and policies. You should take time to read every section that pertains to your projects/exhibits.

- Only enrolled 4-H club members will be permitted to exhibit and compete in the 4-H division.
- You must enroll by May 1st in all projects that you wish to exhibit (unless an earlier date is required) .
- Pre-entry is required for all 4-H exhibits. Consult the fair book if you have questions on your project.
- All exhibits must be work completed during the current 4-H year.
- All market animals (including swine, sheep, goats, beef) will be weighed in and tagged at a county spring weigh-in date to establish a common starting date for the project. The exact weigh-in dates will be published in the county 4-H newsletter, online, and announced at your Club meeting.
 - All livestock must have an identification tag and affidavit on file at the Extension Office.
 - All members must be enrolled in the project prior to weigh-in or the animal will be shown in open class.
- It is the 4-H'ers responsibility to get their animals to the scheduled weigh-in location. You may want to weigh in extra animals, in the event something should happen to one of them, you will still have an animal to show at the fair.
- Horse Identification Papers. All 4-H'ers enrolled in the Horse project must submit their horse identification papers to the Extension Office by June 1 of each year.
- Pullorum Testing is required for Poultry shown. Contact the Extension Office for details.

All animals that a member intends to show in the 4-H division at the County Fair must be tagged/identified at spring weigh in/identification. If an animal becomes ineligible (i/e dies etc.) that animal can not be replaced. Only animals tagged/identified at spring weigh-in /identification can be used as replacements. Therefore we recommend weighing/identifying additional animals.

A 4-H Year in Cheyenne County Events and Deadlines

Events are typically held in these months but may be changed.
Check your newsletter or the website for specific event information.

4-H YEAR BEGINS!



4-H Enrollment Opens October 1: Enroll in 4-H beginning October 1. <https://v2.4honline.com/>

National 4-H Week: It is a week to promote one of the nation's largest youth organizations. The first Sunday in October is National 4-H Sunday. 4-H groups are encouraged to attend church together on that day. 4-H Week is the time for anyone interested in joining the organization to visit clubs in the area.

Kansas Project Report Judging : All youth are encouraged to turn in a KPRF. KPRF are due to your club leaders in October.

Leadership Training: Leadership training is open to all 4-H Clubs in the Sunflower Extension District. Young leaders will join together to learn their club responsibilities of each office; president, vice president, reporter, secretary, etc. It is usually held Sunday afternoon with lunch included.



Volunteer Orientation: All new & returning 4-H Leaders undergo an orientation and background check to become certified and serve as a 4-H Volunteer.

National 4-H Congress: This annual trip for state project winners is a recognition, educational, cultural, and community service experience held in late November each year in Atlanta, GA. Project winners selected from Kansas Award winners are given the opportunity to attend. **Registration Fee:** A travel grant of \$400 is provided by the Kansas 4-H Foundation for each delegate and members are responsible for raising the remaining amount. Counties have the option of sending one Centennial delegate but are responsible for the entire registration fee.

4-H Achievement Banquet: Highlights the 4-H year, awards presented.



December 1—4-H Enrollment Deadline for re-enrolling members:

<https://ks.4honline.com/Login.aspx?403D4065476E5551444A414B68513D>



4-H Scholarships: Graduating Seniors start preparing your application. The Kansas State 4-H Scholarship is due in the office in January of the current year. The Cheyenne County 4-H Scholarship application is due March 30. Make sure and check with the Extension Office for specific requirements and due dates.

NW Area Project Report Form Judging: Takes place in January, weather may change times and dates for the judging. Please be prepared to hand in the last week of December or the by the first week of January.

Horse Panorama: January at Rock Springs 4-H Center for 4-H Members ages 7-18 and adult volunteers. Horse Panorama provides education and horse related contests including quiz bowl, hippology, public speaking, photography and educational posters.

Beef Weigh-In for the Cheyenne County Fair: Date usually in March, watch for details. *Must be enrolled in the project before weigh-in date.*

4-H Club Day: Watch for dates and details.

Regional 4-H Club Days: Held in late March or the 1st week of April.



YQCA Training: Must be completed prior to the state nomination due date for the KS State Fair and KJLS.

National 4-H Conference: The National 4-H Conference is a working conference in which youth and adults, at the invitation of the Secretary of Agriculture, assist in the development of recommendations to help guide 4-H Youth Development programs nationally and in their communities. This event brings together youth, volunteer leaders, and state and county Extension Staff members from across the United States, the U.S. Territories, and the Canadian Provinces. Usually held in April at Washington D.C. for Youth 15-18 Years Old as of December 31 of the New 4-H Year . Registration fees apply.

Small Animal Weigh-In for the Cheyenne County Fair: Small animals include Goats, Sheep, Swine and Bucket Calves. Members must be enrolled in the project before weigh-in. Watch for date and details.



May 1: Families, please review your 4-H Online project list, this is the deadline to add or drop projects.

Beef Nominations: In order to show at the Kansas State Fair (KSF) or Kansas Junior Livestock Show (KJLS), you must first nominate your animal. **Nomination dates May 1 Market Steers and Market Heifers.** Please let us know at weigh-in if you need EID Tags and DNA Envelopes. DNA envelopes are available at the Extension Office. Fees are required. <https://www.asi.k-state.edu/research-and-extension/youth-programs/>

Projects: Many projects are kicking off for summer. Cards with date, time, & place are mailed out for sign-up and reminders.

Discovery Days: Is the last week of May; registration is due in April. For those going, the Extension office will be in contact with you for time & date to leave for the event.



Tractor Safety: In order for youth ages 14 and 15 to work for hire, they must pass a safe tractor and machinery operation program. Youth who are under age 14 may take the course with the instructor's permission, however they must be 14 to receive a Certificate of Training.

Fishing Clinic: Is open to Multi-County 4-H & Community Youth ages 7-12 years old at Bellamy's Ranch & Pond area. Transportation provided.

Rock Springs 4-H Camp: 4-H Camp is at the Rock Springs 4-H Center and sessions are available in the month of June and July. Campers in 3rd through teens entering 12th grade are able to attend any session that fits their schedule. <https://www.rockspringsranch4hcamp.org/>

Day Camp: Held in May and includes many discovery activities. It is open to all youth in the community ages 6-11 years of age. JR. Leaders & Volunteers are encouraged to help.



Horse ID Certificates: Due to the Extension Office June 1. Please check for rule changes & updates.

Babysitting Clinic: Open to all youth ages 5th grade and up.

Small Animal Nominations for State Fair: Due in June (check on specific due date) for Commercial Heifers, Market Lambs, Commercial Ewes, Market Hogs, Commercial Gilts, and all Meat Goats (Market Goats, Commercial Does, and Registered Does). Fees are required. Please let us know at weigh-in if you need EID Tags .



Poultry Pullorum Testing: Poultry project members planning to show poultry at the fair needs to have their birds tested. Call the Extension Office or the project leader for the date and time for this mandatory test.

District Horse Show: Is held in different counties every year in July. Please contact the horse leader or the Extension Office for more information.

Fair Entries: Pre-fair entries will be due in July, members are responsible to enter for Fair by the deadline. Fairentry.com
Fair information and conference schedules will be mailed shortly after entries are completed.

Fair Events: <https://www.cheyenneksfair.com/>

Pre Fair Clean up and set up.
After Fair Clean up.



State Fair Horse Entries: State Fair Horse entries and paperwork are due to the State 4-H Office by August 1st. Make sure the County Extension Agent has signed documents that are submitted.

State Fair Entries: Are due to the Extension Office in August, shortly after the county fair. Check for the deadline date.



State Fair: The Extension Office can transport most projects to the State Fair, transportation may not be available for large items. Please have proper packaging & boxes to protect your items from getting damaged. Your projects will need to be brought to the Extension Office by a specific time.

How to be a 4-H MVP (Most Valuable Parent)

- Learn what 4-H is all about. Stay informed on what is happening in your club and county.
- Show a genuine interest in 4-H and your child.
- Attend 4-H meetings and activities with your child; encourage your child to participate in 4-H events.
- Make 4-H a priority in your home—read your 4-H mail promptly, and mark 4-H activities on your calendar.
- Provide encouragement and help in your child’s project work with record keeping, demonstrations, judging, and completion of attempted work—without doing the work yourself. Help members select, finance, and manage their projects. There are costs required for project literature and materials.
- Provide transportation to local club meetings, activities, and county-wide events.
- Provide a meeting place for a project group. Assist volunteers by providing refreshments or other help.
- Share your special talents by volunteering to guide or lead a project.
- Help volunteers conduct project work.
- Help volunteers locate and secure other qualified adults to assist with project work or 4-H activities.

Remember: 4-H members are the focus!

The 4-H program utilizes the “learning by doing” approach as we work to develop the potential of each 4-H member. This means that 4-H members and their families must assume a high level of responsibility for their own learning and involvement in program opportunities.

To get the greatest benefit out of 4-H, members need to:

- Attend and participate in all club and project meetings.
- Support and work on club-level activities and events.
- Participate in county, district, state and/or national activities and events that enhance project learning.
- Keep up-to-date on project-related work.
- Exhibit pride in being a 4-H member.

Source: https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/4-H/New-Family-Handbook-2016.pdf?utm_campaign=ext-pub&utm_content=ext-4h-project&utm_medium=web&utm_source=prev-url



This form has been designed to provide valuable input to the Sunflower District Extension and 4-H Youth Development Program. If you have a suggestion about Extension or 4-H Youth Development, please complete this form! Once completed, this form will be distributed to the appropriate individual or group to give them a compliment or address the issue or concern. We may not be able to implement your suggestion right away, but your input is important to us!

Please take a few moments and complete the appropriate sections of this form and sign it.

- Forms addressing a situation or issue must have sections 2a, 2b, and 2c completed.
- Forms without a signature will be disregarded.

SECTION #1: I'd like to commend the Sunflower District Extension Program for the following:

SECTION #2a: I'd like to bring attention to this Sunflower District Extension related situation or issue:

SECTION #2b: Describe the problem with the current situation:

4-H is a community of young people across America learning leadership, citizenship and life skills.

**FOR MORE INFORMATION ABOUT 4-H
K-State 4-H Youth Development Office**

201 Umberger Hall
Kansas State University
Manhattan, KS 66506
Telephone: (785) 532-5800
Fax: (785) 532-5981



Updated October 2023

Sources:

Kansas Department of 4-H Youth Development Policy Guide: http://www.kansas4-h.org/about/docs/policy-guide/Kansas_4H_YD_Policy_Guide.pdf

Kansas State 4-H Handbook: http://www.kansas4-h.org/resources/4-h-library/4-h-clubs/docs/Kansas_4H_New_Family_Guide_Color.pdf

K-State, County Extension Councils, Extension Districts, and U.S. Department of Agriculture Cooperating. All education programs and materials available with-out discrimination on the basis of race, color, religion, national origin, sex, age or disability.

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