January 25, 2021

Dear 4-H Families,

4-H Days & Talent Night will look different this year since K-State has implemented no face-to-face meetings or activities through March 31, 2021.

The Sunflower Extension District Board has voted to move forward with a virtual competition in 2021. The Sunflower District Offices have created a Virtual 4-H Day & Talent Night. Please bear with us as we prepare for this process with the changes and Covid-19 guidelines. This year there will NOT be any group presentations. Talent presentations will all be individual presentations.

Enclosed you will find a new look for the registration form. Please follow the steps and then return the form to your Extension Office.

- Complete and submit one form per youth.
- Select the appropriate presentation box(es).
- **Submit to YOUR County Extension Office by February 12, 2021.**

Once the Extension Office receives all the information, you will receive a link to upload your video presentation/s to Flip Grid. Upload all entries to the Flip Grid except posters, the food show picture collage, and your music/reading sheets.

**See the below instructions:**

**Talks:**
- **Note:** Talks for an upload can only be a maximum of 10 min, due to Flip Grid limitations.
- Upload to the Flip Grid no later than **March 8, 2021, by 5:00.**

**Talent Presentations:** Submit your music & reading sheets to the Extension Office no later than **March 8, 2021, by 5:00.**

**Posters:**
- Submit to the Extension Office no later than **March 8, 2021, by 5:00.**
- **Posters are not eligible for Regionals.**
- **The Extension Office will keep your poster for display during your county fair.**

**Foods Show:**
- Upload your video presentation (a maximum of 10 min, due to Flip Grid limitations) to Flip Grid.
- Submit a color picture collage (see example) of your recipe, menu, table settings, prepared food item, and you beside your table to the Extension Office no later than **March 8, 2021, by 5:00.**
Submit a typed recipe for a Sunflower District Recipe Cookbook to YOUR Extension Office no later than **March 8, 2021, by 5:00.**
- **Foods Show is not eligible for Regionals.**
- **Anyone may participate in the Food Show even if you are not enrolled in the foods project this year.**

**Regional 4-H Club Day will be Virtual this year. More information will be available soon.**

4-H Days & Talent Night Information can be found out on the Sunflower Extension District #6 Website at: [https://www.sunflower.k-state.edu/4-h/countyclubdays.html](https://www.sunflower.k-state.edu/4-h/countyclubdays.html)

Please call the Cheyenne County Agent Heather Foxworthy for any questions regarding uploading videos at 785-332-3171. Any other questions, please contact your local Extension Office. Results for 4-H Day & Talent Night will be available for review on **Friday, March 12, 2021.**

Sincerely,

Sherri A. Keith  
Sunflower Extension District #6 - Office Professional