

GYMNASTICS

Name _____ Time: Start _____
Finish _____

KNOWLEDGE 40
 a. fundamentals 25
 b. types of figures 15

ABILITY AND COORDINATION 40
 a. follow calls or 25
 directions
 b. types of figures 15

APPEARANCE 20
 a. costuming 05
 b. style (include foot-
 work position, car-
 riage, enjoyment) 15

Rating:
Blue _____
Red _____
White _____