



#### **Spring Events**

It's not too early to start thinking about **Spring Events** which include:

\*4-H Club Days & Talent Night, Project Talks, Demonstrations, Creative Tables, Promotional Posters, and Model Meetings.

\*Beef Weigh-in is coming up in all 3 counties. Dates and times will be posted soon.

### **Citizenship In Action**

The purpose of the event is for Kansas youth to learn how the state legislative process works and how their voice and participation in decision-making can make a difference in their local communities.

Where: Topeka KS—Hotel Topeka at City Center:

When: February 18-19, 2024
Registration closes:
January 26, 2024



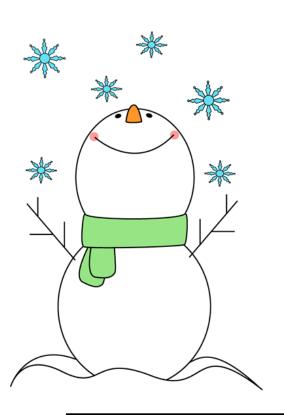
#### **Horse Panorama**

The State Horse Panorama for adults & youth will be at the K-State Salina Campus on:

January 27, 2024

Registration closes:

January 2, 2024











# **Build Your New Year's Resolution**



with the 4-H Pledge

# I pledge my HEAD to clearer thinking,

- Learn a new skill
- Organize your schedule
- Take a challenging class
   Read one book a week

# my HEART to greater loyalty,

- Plan a weekly family game night
- Make family dinner a priority
- Set time aside to visit friends and family each month

# my HANDS to larger service,

- Hold a food drive
   Volunteer at a pet shelter
- Plan a social event at a nursing/asstited living home

# and my HEALTH to better living for my club, my community, my country, and my world.

- Exercise 5 days a week
   Drink 64 oz. of water a day
- Buy a new fresh fruit or vegetable to try each week

# Congratulations!

#### SH Co. Project Record Books Qualifying for Regionals:

Kaelyn Schilling - Beef Rylea Martin - Foods Hayden Short - Leadership Matthew Berls - Rabbit

Mason Berls - Wildlife: Sports Fishing

#### **WA Co. Project Record Books** Qualifying for Regionals:

Trell Larson—Goat Brennan Aldridge—Leadership Lincoln Stramel—Swine



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New 4-H policy Guide: https://www.kansas4-h.org/resources/policy-guide/Kansas%204-H%20Policy%20Handbook%202023.pdf